

We had a John Millar of the Public Health Association of BC as a guest speaker. We recorded his talk to potentially use in our next podcast episode.

Welfare Food Challenge

Raise the Rates' welfare food challenge this year is from Wednesday November 1st to Tuesday November 7th. Raise the Rates is challenging everyone who is not currently on welfare to try to budget on \$19/week for food! The aim of the Challenge is raise public awareness about the poverty of people on welfare and the need for change. To help publicize the Challenge, they ask participants to document and publicize their experiences. This could include:

- Writing blog posts for Raise the Rates' website
- Posting directly to your own social media
- Attending a news conference and speaking to the media about your experiences of the challenge
- Sharing your experiences with your friends, family, community members, and policy makers

For more information about the Welfare Food Challenge including a registration form visit: <http://welfarefoodchallenge.org/>

Action Team Representatives at the BCPRC Table

We try to rotate reps after they've been to three meetings although Tara has been a rep for longer as nobody else has been able to do so. Fiona would like to be one of the new representatives. If you would also like to be one, please let me know at info@bcpovertyreduction.ca

Basically, being a rep involves going to BC Poverty Reduction Coalition meetings (we try to have two reps, so if you can't make it hopefully the other can), and giving a little report about what the Action Team does. Meetings normally happen once every two months, although we are having them every month for the rest of 2017. The next two meetings are Tuesday November 14 and Thursday December 14 both from 10 AM-12:15 PM at the BCTF Building (550 W 6th Ave #100).

Facilitation

Omar and some Action Team members who've done the facilitation training will be leading some upcoming workshops in schools.

- November 7, 1:10-3:15, Schou Education Centre (Omar and Tara)
- November 7, 4:30-6:30, Douglas College (Omar and Krista)
- November 20, 8:40-11:35, two classes at Churchill Secondary (Omar and ____; let me know if you'd like to join me info@bcpovertyreduction.ca)

ChewOnThis!

Tara, Krista, and Fiona participated in *ChewOnThis!* this year outside of Science World. They were handing out paper bags with postcards, magnets and an apple in them calling for a federal poverty reduction plan that would be fully funded in the next budget. You can see their picture on the ChewOnThis website: <https://dignityforall.ca/chew-on-this-2017/>

Community Action Network

Nyssa is going to be volunteering with the Community Action Network leadership program (<http://www.actionnetwork.ca/>). Thank you Nyssa!

Podcast

Potential interviewees who previously said they would speak are not responding to emails. The Podcast subcommittee would like to meet again soon.

Poverty Mythbusters.

Omar did not follow up with Debra. He will do so ASAP