

Guacamole:

A cooking lesson for justice



What is the real story behind how fruit and vegetables get from the farm to our tables?

How can we ensure that the people who grow these ingredients for us are treated fairly and with respect and dignity?

Join us to have fun, food, and learn with Foreign Farm Workers, who grow our BC produce, in an interactive, theatrical cooking lesson and discussion.



Presented by
**Migrant Workers' Dignity
Association (MWDA)**

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Friday, March 3
noon - 1:30 pm

BC Federation of Labour
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